Attorney Docket No.: 017242-010500US

## INFANT RESTRAINT SYSTEMS AND METHODS

## ABSTRACT OF THE DISCLOSURE

In another embodiment, the invention provides a baby holding device that comprises a pillow having a medial region and two opposing arms extending from the medial region that define an inner well region. A securing system is operably coupled to the pillow and comprises a center holding strap that is configured to be placed between the baby's legs so as to extend over at least a portion of the baby's torso. The center holding strap may also be operably coupled to the opposing arms to hold the baby within the well region.

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